



YOUR PACKING LIST

IMPORTANT DOCUMENTS

- ☐ Passport
- ☐ Vaccination Certificate
- ☐ International Driving Licence
- ☐ Travel Insurance
- ☐ Visa
- ☐ Certificates / Licenses (First Aid Course, Sailing License, Diving Certificate, etc.)
- ☐ Emergency Contact Information Sheet (Family & Friends)
- ☐ Passport Photos
- ☐ Copies of all your documents (also in digital form)

MONEY AND FINANCES

- ☐ Wallet (Small)
- ☐ At least 2 Credit Cards

ELECTRONICS

- ☐ Phone
- ☐ Powerbank
- ☐ Laptop / Tablet / iPad
- ☐ Kindle / E-Book Reader
- ☐ Headphones / AirPods
- ☐ Appropriate Charging Cables For Electronics
- ☐ External Hard Drive
- ☐ Worldwide Travel Adapter

CAMERA EQUIPMENT

- ☐ Camera & Lenses
- ☐ Go Pro
- ☐ Drone
- ☐ Memory Cards
- ☐ Spare Batteries
- ☐ Tripod

COSMETICS

- ☐ Toiletry Bag
- ☐ Comb / Hairbrush
- ☐ Hairspray
- ☐ Toothbrush & Toothpaste
- ☐ Retainer / Braces
- ☐ Deodorant
- ☐ Shampoo & Conditioner
- ☐ Dry Shampoo
- ☐ Shower Gel
- ☐ Bodylotion
- ☐ Hand Cream
- ☐ Face Cream
- ☐ Lipbalm
- ☐ Razor & Shaving Cream

HEALTH AND BEAUTY

- ☐ Sunscreen
- ☐ After-sun Lotion
- ☐ Mosquito Spray
- ☐ Insect Bite Relief
- ☐ Hand Sanitizer
- ☐ Hair Ties & Hair Clips
- ☐ Contact Lens Solution
- ☐ Small Makeup Mirror
- ☐ Makeup
- ☐ Makeup Remover Wipes
- ☐ Cotton Pads
- ☐ Nailcare Set (incl. Tweezers)
- ☐ Nail Polish & Nail Polish Remover
- ☐ Perfume
- ☐ Period Products: Tampons, Pads, Panty Liners, etc.





MEDICINE

- ☐ Band-aids (cut-to-size)
- ☐ Blister Plasters
- ☐ First Aid Kit
- ☐ Healing Ointment
- ☐ Anti-nausea Tablets
- ☐ Anti-diarrhea Tablets
- ☐ Fever Medication
- ☐ Travel Sickness Tablets
- ☐ Personal Medications
- ☐ Painkillers (Paracetamol / Ibuprofen)
- ☐ Small Scissors (Nail Scissors)
- ☐ Birth Control Pills

CLOTHES

- ☐ Rain Jacket
- ☐ Warm Jacket (Winter Jacket)
- ☐ Swimwear
- ☐ Underwear
- ☐ Socks
- ☐ Pyjamas
- ☐ Compression Stockings
- ☐ Belt
- ☐ Long and Short Pants
- ☐ Long-sleeve Shirts
- ☐ Short-sleeve Shirts & Tops
- ☐ Skirts / Dresses / Jumpsuits
- ☐ 1x Thick Sweater / Warm Clothes
- ☐ Sportswear (Long and Short)
- ☐ Comfortable Clothing
- ☐ Headwear / Cap
- ☐ Dressy Clothes



SHOES

- ☐ Hiking Boots
- ☐ Everyday Shoes
- ☐ Flip-Flops / Sandals

BAGS

- ☐ Large Backpack (40 - 70 liter)
- ☐ Small Backpack For Day Trips
- ☐ Rain Cover For Backpack and small Daypack
- ☐ Packing Cubes
- ☐ Handbag / Hipbag
- ☐ Beach Bag
- ☐ Dry Bag

OTHERS

- ☐ Neck Pillow
- ☐ Sleeping Bag
- ☐ Sleep Mask
- ☐ Earplugs
- ☐ Glasses / Contact Lenses
- ☐ Sunglasses
- ☐ Combination Lock
- ☐ 2x Microfiber Towels
- ☐ Water Bottle
- ☐ Foldable Lunchbox
- ☐ Travel Laundry Detergent
- ☐ Carabiner
- ☐ Hairdryer
- ☐ Pen
- ☐ Notebook
- ☐ Needle & Thread
- ☐ Jewelry
- ☐ Chewing Gum
- ☐ Tissues
- ☐ Ziplock Bags For Hand Luggage

